

Escapades...for Life!

SAMPLE SCHEDULE OF DAILY EVENTS

SUNDAY

- 9:30am *Fun, Fit & Fabulous*: Yoga
- 11:00am Book Club Meeting
- 2:00pm Pianist Performance
- 3:30pm Bridge Club
- 4:30pm *Tailgaters*: Washington vs. Giants
- 7:00pm Family Movie Night: Open to Residents & their Families

MONDAY

- 9:30am *Fun, Fit & Fabulous*: Stretch & Strength
- 10:15am Health & Wellness Lecture: Sleep Better!
- 11:00am Brandywine Bakers: Caramel Apple Pie
- 2:30pm *Card Sharks*: Three Card Poker
- 3:30pm Open Swim
- 7:00pm *Wine Pairing*: What goes best with a Merlot?

TUESDAY

- 9:30am *Fun, Fit & Fabulous*: Zumba
- 10:15am Welcome Committee Meeting
- 11:00am *Artist's Palette*: Pastel Medium
- 12:15pm Lunch Outing at Renato at River Falls
- 1:30pm Canasta Club
- 2:15pm *Sharper Minds*
- 4:00pm *Lifelong Learning Seminar*: Getting the Most Out of Google
- 7:00pm The Metropolitan Opera: Live in HD

WEDNESDAY

- 9:30am *Fun, Fit & Fabulous*: Pilates
- 10:00am Bridge Club
- 10:15am Outing to Glenstone Museum
- 11:30am Time Magazine Topics
- 2:00pm Line Dancing Lessons
- 4:00pm Mid Week Mixer: Bloody Mary Bar
- 6:30pm Saxophone Performance by James Jones

THURSDAY

- 9:30am *Fun, Fit & Fabulous*: Tai Chi
- 10:00am *Artist's Palette*: Life Drawing
- 11:00am Outing to Potomac Village Shopping Center
- 2:00pm *Reelz & Review*: Flags of our Fathers
- 3:15pm Brandywine Bakers: Double Chocolate Truffles
- 4:00pm Design with Wine
- 5:00pm *Epicurean Adventures*: Beaujolais, France
- 7:00pm Creative Writing Workshop in Partnership with Strathmore Art Center
- 7:15pm FaceTime with Family

FRIDAY

- 9:30am *Fun, Fit & Fabulous*: Aqua Class
- 10:00am Outing to Potomac French Market
- 11:30am Work Your Mind: Anagram Challenge
- 2:15pm *Cooking with Class*: Lemon Tart Pastries
- 3:30 pm *Center Stage*: Cocktail Hour with Musical Performance
- 5:00pm Shabbat Services
- 7:00 pm One Day University: The Psychology of Humor

SATURDAY

- 9:30am *Fun, Fit & Fabulous*: Tai Chi
- 10:15am *Lifelong Learning Seminar*: The Life of the Royals - Inside Buckingham Palace
- 11:30am Dining Committee Menu Meeting
- 2:00pm Outing to Potomac Village Farmer's Market
- 3:30pm Mahjong Madness
- 4:00pm Cabernet & Conversation at the Wine Bar
- 6:45pm The Baltimore Symphony Orchestra Presents: BSO Sessions
- 7:00pm Men's Meeting: Blackjack



BRANDYWINE LIVING
at Potomac

Life is Beautiful